

*Join us for Celebrate Recovery
Every Friday 6 pm-8pm
Main St UMC Greenwood, SC
www.crgwd.net*

HOPE LESSON 3

God gives Miracles

to those who Believe

Courage to those with Faith

Hope to those who Dream

Love to those who Accept &

Forgiveness to those who Ask

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Celebrate Recovery

POWERLESS HOPE 3

Principle 2 Earnestly believe that God exists, that I matter to Him, and that He has the power to help me recover.

(Matthew 5:4). “Happy are those who mourn, for they shall be comforted”

Step 2 We came to believe that a power greater than ourselves could restore us to sanity.

(Philippians 2:13). “For it is God who works in you to will and to act according to his good purpose”

HOPE

Think about it

“Anyone who comes to God must believe that he exists and that he rewards those who earnestly seek him” (Hebrews 11:6).

In the first principle, we admitted we were powerless. Now in the second principle, we come to believe God exists, that we are important to Him, and that we are able to receive God’s power to help us recover.

HIGHER power Our Higher Power has a name: Jesus Christ!

Jesus desires a hands-on, day-to-day, moment-to-moment relationship with us. He can do for us what we have never been able to do for ourselves.

“Everything comes from God alone. Everything lives by his power” (Romans 11:36, TLB).

(2 Corinthians 12:9). Jesus tells us, “My grace is enough for you: for where there is weakness, my power is shown the more completely”

OPENNESS to change Throughout our lives, we will continue to encounter hurts and trials that we are powerless to change. With God’s help, we need to be open to allow those trials to change us. To make us better, not bitter.

Ephesians 4:23, TLB. “Now your attitudes and thoughts must all be constantly changing for the better. Yes, you must be a new and different person”

POWER to change In the past, we have wanted to change and were unable to do so. We could not free ourselves from our hurts, hang-ups, or habits. In Principle 2, we come to understand that God’s power can change us and our situation.

“For I can do everything God asks me to with the help of Christ who gives me the strength and power” (Philippians 4:13, TLB).

“Lead me; teach me; for you are the God who gives me salvation. I have no hope except in you” (Psalm 25:5, TLB).

EXPECT to change Remember, you are only at the second principle. Don’t quit before the miracle happens! With God’s help, the changes that you have longed for are just steps away.

“I am sure that God who began the good work within you will keep right on helping you grow in his grace until his task within you is finally finished on that day when Jesus Christ returns” (Philippians 1:6).

How do we find hope? By faith in our Higher Power, Jesus Christ.

“Now faith is being sure of what we hope for and certain of what we do not see” (Hebrews 11:1, TLB).

Think•write•discuss

1. Before taking this step, where were you trying to find hope?

2. What do you believe about God? What are some of His characteristics?

3. how are your feelings for your heavenly Father and your earthly father alike? How do they differ?

4 How can your relationship with your higher power, Jesus Christ, help you step out of your denial and face reality?

5. In what areas of your life are you now ready to let God help you?

6 What things are you ready to change in your life? Where can you get the power to change?

Prayer

“Dear God, I have tried to “fix” and “control” my life’s hurts, hang-ups, or habits all by myself. I admit that, by myself, I am powerless to change. I need to begin to believe and receive Your power to help me recover. You loved me enough to send Your Son to the cross to die for my sins. Help me be open to the hope that I can only find in Him. Please help me to start living my life one day at a time. In Jesus’ name I pray, Amen.”