

NAME: _____ DATE: _____

Open Share Small Group Discussion Worksheet

Hope

...to desire confidently or expectantly

Step 2: We came to believe that a power greater than ourselves could restore us to sanity.

"For it is God who works in you to will and to act according to his good purpose."

Philippians 2:13

Principle 2: Earnestly believe that God exists, that I matter to Him, and that He has the power to help me recovery.

"Happy are those who mourn, for they shall be comforted." Matthew 5:4

Note to the Newcomer: Open Share Small Groups allow us to grow closer to one another through sharing our hurts, habits & hang-ups and the tools we use to overcome them. When we go around the room, feel free to share on tonight's topic or say pass and just listen. In order to start the recovery process on a solid foundation we suggest that you:

1. Make a commitment to attend the large group and small group time regularly **2.** Start looking for someone that you connect with that you can ask to be your sponsor or accountability partner. These people will be able to assist you on your journey and will become part of your accountability team. **3.** Begin working and applying the recovery principles found in the CR Participant's Guides and the Bible. **4.** Set a personal goal to become involved in a step study group.

Acrostic for HOPE: (further studying on the following acrostic may be found in the CR Participant's Guide #1)

Higher Power - God can do for us what we have never been able to do for ourselves.

Openness to change - With God's help, we need to be open to allow our trials to change us.

Power to change - God's power can change us and our situation.

Expect to change - Don't quit until the miracle happens!

LARGE GROUP REFLECTION:

Did the Speaker or Lesson trigger some areas that I need to work on?

I could relate to the Speaker or Lesson in the following ways: _____.

OPEN SHARE SMALL GROUP DISCUSSION STARTERS:

1. What experiences have caused me to lose faith in God.
2. Read Matthew 17:20 *"Because you have so little faith. I tell you the truth, if you have faith as small as a mustard seed, you can say to this mountain, 'Move from here to there' and it will move. Nothing will be impossible for you."*
Mustard-seed faith is like a glimmer of hope mixed with confidence that God will take care of a dilemma in our lives. In what area of my life is God giving me "mustard-seed" faith?
3. In what areas of my life do I need to be more gentle?
4. What is my reaction to the fact that recovery requires patience and understanding, that it doesn't happen instantly?
5. How can my present relationship with Christ be improved?
6. Where can I find hope? How can I find hope?
7. What areas of my life am I ready to change?
8. What person in my life has a strong faith? How do they demonstrate that faith?

SMALL GROUP PRAYER REQUESTS:

(please pray for your small group during the week - use your phone list and make some calls)

NAME **PRAYER REQUEST**

PRAYER: Dear Lord, I pray for an open mind so I may come to believe in a power greater than myself. I pray for humility and continued opportunity to increase my faith. I don't want to be crazy and out of control any more. AMEN

Verses to Study: Hebrews 11:6 2 Corinthians 12:9 Psalm 25:5
 Ephesians 4:23 Philippians 1:6 Hebrews 11:1

RECOVERY THERMOMETER:

- Am I forming an accountability group whom I can trust?
- Am I reading any literature on my area of recovery?
- Am I praying morning and night? (on my knees)
- Am I willing to attend other support groups, meetings, church, etc. (90 healthy activities in 90 days!)

MY PERSONAL RECOVERY GOAL FOR THIS WEEK:

ANY REMINDERS FOR NEXT WEEK?