

NAME: \_\_\_\_\_

DATE: \_\_\_\_\_

## Open Share Small Group Discussion Worksheet

# Ready

...prepared for immediate use; available

**Step 6:** We were entirely ready to have God remove all these defects of character.

*"Humble yourselves before the Lord, and he will lift you up." James 4:10*

**Principle 5:** Voluntarily submit to every change God wants to make in my life and humbly ask him to remove my character defects.

*"Happy are those whose greatest desire is to do what God requires."*

**Note to the Newcomer:** Open Share Small Groups allow us to grow closer to one another through sharing our hurts, habits & hang-ups and the tools we use to overcome them. When we go around the room, feel free to share on tonight's topic or say pass and just listen. In order to start the recovery process on a solid foundation we suggest that you:

**1.** Make a commitment to attend the large group and small group time regularly **2.** Start looking for someone that you connect with that you can ask to be your sponsor or accountability partner. These people will be able to assist you on your journey and will become part of your accountability team. **3.** Begin working and applying the recovery principles found in the CR Participant's Guides and the Bible. **4.** Set a personal goal to become involved in a step study group.

What does it mean to be entirely **READY** to have God remove our character defects?

**Release control** - Willingness is the key that goes into the lock and opens the door that allows God to begin to remove our character defects (*behaviors and attitudes that block us from a relationship with God*).

**Easy does it** - These principles and steps are not quick fixes! We need to allow time for God to work in our lives.

**Accept the change** - Seeing the need for change and allowing the change to occur are two different things. Principle 5 will not work if we are still trapped by our self-will.

**Do replace your character defects** - When God removes something we need to replace it with something positive, such as recovery meetings, church, service, quality time with family, and volunteering! If we don't we open ourselves up for a negative character defect to return.

**Yield to the growth** - Our old self-doubts and low self-esteem may tell us that we are not worthy of the growth and progress that we are making in the program. Yield to the growth & celebrate it!  
(further studying on this topic may be found in the CR Participant's Guide #3)

### LARGE GROUP REFLECTION:

Did the Speaker or Lesson trigger some areas that I need to take a look at?

I heard part of myself in the Lesson or Testimony when \_\_\_\_\_?

### OPEN SHARE SMALL GROUP DISCUSSION STARTERS:

1. What areas of my life have I been able to turn over to Christ so far?
2. Am I looking for a "quick fix" in my life? Why?
3. What character defects have caused me the most pain and why?
4. Am I relying on God to remove my defects of character or relying on my own willpower?
5. What defects in my life continue to plague my progress and/or growth?
6. What positive changes have I noticed in my thoughts, behaviors or relationships?

**SMALL GROUP PRAYER REQUESTS**

*(please pray for your small group during the week - use your phone list and make some calls)*

**NAME**

**PRAYER REQUEST**

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**PRAYER:** Dear God, please prepare me to be ready to have you remove those parts of me that are blocking my growth. I'm asking that you help me to set things straight in my life. I pray that you continue to work on my heart and my mind. Thank you for loving me and guiding me along this new journey. In Jesus' name I pray. AMEN

**VERSES TO STUDY:**      Psalm 143:10      Psalm 37:5      1 Peter 1:13-14  
                                 1 John 3:9      James 4:10      Matthew 12:43-45

**RECOVERY THERMOMETER:**  
Have I done anything nice for a friend lately? Anonymously?  
Am I getting more organized?  
Is there a project that I have been procrastinating finishing?  
Am I taking on an active role in my small group?  
Am I avoiding making a necessary phone call?

**MY PERSONAL RECOVERY GOAL FOR THIS WEEK:**

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**ANY REMINDERS FOR NEXT WEEK?**















