

NAME: \_\_\_\_\_ DATE: \_\_\_\_\_

## Open Share Small Group Discussion Worksheet

# Moral

...ethical, the difference between right and wrong

**Step 4: We made a searching and fearless moral inventory of ourselves.**

*"Let us examine our ways and test them, and let us return to the Lord" Lamentations 3:40*

**Principle 4:** Openly examine and confess my faults to myself, to God, and to someone I trust.

*"Happy are the pure in heart" Matthew 5:8*

**Note to the Newcomer:** Open Share Small Groups allow us to grow closer to one another through sharing our hurts, habits & hang-ups and the tools we use to overcome them. When we go around the room, feel free to share on tonight's topic or say pass and just listen. In order to start the recovery process on a solid foundation we suggest that you:

**1.** Make a commitment to attend the large group and small group time regularly **2.** Start looking for someone that you connect with that you can ask to be your sponsor or accountability partner. These people will be able to assist you on your journey and will become part of your accountability team. **3.** Begin working and applying the recovery principles found in the CR Participant's Guides and the Bible. **4.** Set a personal goal to become involved in a step study group.

**Acrostic for MORAL:** (further studying on the following acrostic may be found in the CR Participant's Guide #2)

**M**ake time - Set aside a special time to begin your inventory. Schedule an appointment with yourself.

**O**pen - Open up your heart and your mind to allow the feelings that the pain of the past has blocked.

**R**ely - Rely on Jesus, your Higher Power, to give you the courage and strength this exercise requires.

**A**nalyze - Analyze your past honestly. To do this you must step out of your denial.

**L**ist - List both the good and the bad. Keep your inventory balanced!

### LARGE GROUP REFLECTION:

Did the lesson or speaker talk about a circumstance that occurred in my life?

The Lesson or Speaker's Testimony brought up the following feelings \_\_\_\_\_.

### OPEN SHARE SMALL GROUP DISCUSSION STARTERS:

1. Am I struggling with steps 1, 2 or 3? Why?
2. Why is it important to our recovery to do a written inventory?
3. What things have I done to hide the reality of my past actions or inactions?
4. Do I have a sponsor to help guide me during the inventory process?
5. What are some of the negative actions that I have taken in my past?
6. What are some positive actions that I have taken in my past?
7. How do my actions show that I am changing?
8. What is keeping me from beginning my personal inventory?
9. If I could go back in time, what would I change?

