



Turn

Principle 3 and Step 3

Principle 3 Consciously choose to commit all my life

and will to Christ's care and control.

“Happy are the meek” (Matthew 5:5).

Step 3 We made a decision to turn our lives and our wills over to the care of God.

“Therefore, I urge you, brothers, in view of God’s mercy, to offer your bodies as living sacrifices, holy and pleasing to God—this is your spiritual act of worship” (Romans 12:1).

T-U-R-N

How do you TURN your life over to the one and only Higher Power, Jesus Christ?

TRUST Deciding to turn your life and your will over to God requires only trust. Trust is putting the faith you found in Principle 2 into action.

“If you declare with your lips, ‘Jesus is Lord,’ and believe in your heart that God raised him from the dead, you will be saved” (Romans 10:9, GNB).

UNDERSTAND Relying solely on your own understanding got you into recovery in the first place! After you make the decision to ask Jesus into your life, you need to begin to seek His will for your life in all your decisions.

“Trust in the Lord with all your heart and lean not on your own understanding; in all your ways acknowledge him, and he will make your paths straight” (Proverbs 3:5–6).

REPENT To truly repent, you must not only turn away from your sins, but turn toward God. Repentance allows you to enjoy the freedom of your loving relationship with God.

“Turn from your sins and act on this glorious news!” (Mark 1:15, TLB).

“Don’t let the world around you squeeze you into its own mold, but let God remake you so that your whole attitude of mind is changed” (Romans 12:2, PH).

NEW life After you ask Jesus into your heart, you will have a new life! You will no longer be bound to your old sinful nature. God has declared you “NOT GUILTY”, and you no longer have to live under the power of sin!

“Now God says he will accept and acquit us—declare us ‘not guilty’—if we trust Jesus Christ to take away our sins” (Romans 3:22, TLB).

We will work on the “how tos” of TURNing our life and will over to God soon. But do not forget this key point:

Turning your life over to Christ is a once-in-a-lifetime commitment!

Turning your will over to Him, requires daily recommitment!

Think/write/discuss

1. How has relying on your “own understanding” caused problems in your life? Be specific.

2. What does “repent” mean to you? What do you need to repent of?

3. When you turn your life over to your Higher Power, Jesus Christ, you have a “new life” (see 2 Corinthians 5:17). What does that, “new life” mean to you?